

ST. LOUIS BALLROOM DANCERS *connection*

August/September 2017 • stlouisballroomdancers.com

Upcoming Events

- July 25: Silver American and International Classes begin
July 27: Beginner, Intermediate, Pre-Silver Classes begin
July 28: Gold American and International Classes begin
Aug. 9: STLBD Board Meeting, 6 p.m., Kirkwood Community Center
Aug. 19: STLBD Dance, 8 p.m., Kirkwood Community Center
Sept. 12: Silver American and International Classes begin
Sept. 13: STLBD General Meeting & Board Meeting, 6 p.m. Kirkwood
Sept. 14: Beginner, Intermediate, Pre-Silver Classes begin
Sept. 15: Gold American and International Classes begin
Sept. 17: STLBD Picnic, Tilles Park
Sept. 23: STLBD Dance, 8 p.m., Kirkwood Community Center

All classes are held at the Creve Coeur Government Center. The monthly dance is held at the Kirkwood Community Center. Please note that classes will not be held August 8, 10 and 11.



Become a fan of St. Louis Ballroom Dancers on Facebook

St. Louis Ballroom Dancers Next Dance:

Saturday, August 19

2017 Dance Schedule

Saturday, September 23
Saturday, October 21
Saturday, Nov. 18 (East Gym)
Saturday, December 9

PICNIC- Sept. 17

All Dances are held at the Kirkwood Community Center, 111 S. Geyer Road from 8 p.m. to 10:30 p.m. Cost is \$10 per person.

President's Message

Dear Friends,

Recently, You have heard our plight regarding the need for helping hands at our dances. Many of you responded which is wonderful. Without proper help we can't continue to provide you with a low cost environment to dance a full evening of ballroom. We appreciate and will need your help in 2018 as well. We will provide sign up sheets at the registration table or you may e-mail the dates you can help. If everyone will give a few minutes once a year to support the efforts of the regular volunteers, we will continue providing you the venue for social dance.

September is the month to renew your membership to the club which enables us to provide an expert professional, Diana Roberts, to instruct our classes. It also gives you other perks such as our newsletter to keep you abreast of club happenings and dances around St. Louis. Membership forms are on the website and at registration tables.

Let us all keep dancing.

Barbara Chapman

pres@stlouisballroomdancers.com / 314-984-8084



A few ballroom dance terms

developé: (Dev-Lo-PAY) An action whereby the free foot is drawn up to the knee of the supporting leg, and then extended (or developed) until the leg is completely straight.

chassé: A series of two or three consecutive lateral steps, where the feet are closed on the second step.

Aug/Sept Celebrations

Birthdays

8/1 Lee Douglas
8/7 Jerry Edsen
8/8 Michael & Susan Mlynarczyk
8/13 Ed Spevak Brong
8/19 Ron Link
8/24 Michael Sutton
8/25 Peter Sturmer
8/26 Nathan Haas
8/27 Michael Mlynarczyk
8/30 Laurence Frezek
8/31 Robert K Kaelin
9/1 Howard Granok
9/1 Greg Rigelman
9/3 Debbie Hecker
9/6 Mark Polansky
9/7 Ed Lebeau
9/15 Victoria Wang
9/20 Ellen Brommelhorst
9/20 Mark Cereghino
9/28 Joe Hilton
9/26 John Lee
9/26 Diane Coparanis

Anniversaries

8/8 Ed & Mary Migneco
8/10 Susan & Scott Anderson
8/12 Catherine & Eugene Beal
8/20 John Lee & Hilary Frooman
9/3 Joe & Pat Hilton
9/9 Ed & Mary Lynn Lebeau
9/11 Marilee & Peter Sturmer
9/12 David & Diane Myers
9/17 Margie & Will Tomlinson
9/23 Stephanie & Mark Beckham

Your check-list for August

To Do List for dancers

- sign-up for ballroom classes
- volunteer to help at a dance
- attend dances around town
- join St. Louis Ballroom dancers for 2017-18
- have fun!

St. Louis Ballroom Dancers Board & Committee Members

PresidentBarbara Chapman
314-984-8084/pres@stlouisballroomdancers.com

VP Classes.....Dee Townsend
314-965-8852/classes@stlouisballroomdancers.com

VP Dances.....David Weber
314-961-3597/dances@stlouisballroomdancers.com

Treasurer.....Sue Scott
money@stlouisballroomdancers.com

Recording SecretaryDale Goad
secretary@stlballroomdancers.com

Newsletter/Communications.....Jean Abernathy
314-750-8906/communications@stlouisballroomdancers.com

Membership.....Norman Pratt
orion46@netzero.net

Web Master.....Ed LeBeau
webmaster@stlouisballroomdancers.com

Member-at-large.....Dan Williams

Corresponding Committee.....Hera Gerber
corresponding@stlouisballroomdancers.com

St. Louis Ballroom Dancers is a non-profit dance organization which promotes amateur ballroom in the St. Louis and surrounding communities. Board meetings are held every second Wednesday of the month and all members are welcome to attend.

A brief history of Paso Doble, offered Tuesday & Friday nights

Although there is not a lot of recorded history written about the Paso Doble dance, there are some shared beliefs about the dance's origins and evolution. The Paso Doble is a passionate dance based on a Spanish bullfight. The leader represents the proud Spanish matador and the woman or follower is the Matador's cape. The follower will sometimes also represent the bull, picador or flamenco dancer.

Paso Doble music was originally played for the entrance of the matador into the bull-fighting ring. In Spanish tradition dating back to the 18th century, it was also known as *El Soleo*.

The name of the dance, *Paso Doble* is believed to trace back to a French military march with a similar name, *Paso Redoble*. The Paso Redoble was a march with a 2/4 beat and about 130 beats or steps per minute. Even today the Paso Doble dance is characterized by its marching-like steps and is now the fastest Latin ballroom dance. Every second step of the marching dance is emphasized, and this may also be why the dance is called *Paso Doble* or translated to English *double step*.

Paso Doble dancing gained popularity in the United States in the 1930s. Although today the Paso Doble is on occasion danced as a social ballroom or Latin dance, it is generally seen as a competitive or performance style dance. The Paso Doble has strong progressive steps, often using stomps

and flamenco type footwork for dramatic effects. The body actions are sharp and quick and the chest is held high and proud. The sharp moves of Paso Doble dance make it a popular dance to be choreographed. Dancers are better able to hit strong movements with a planned dance making for a very dramatic effect.

The Paso Doble has gained popularity through competitive dance reality TV shows like, *Dancing With the Stars*. On the show, they often use contemporary pop music to create a more current sound for the Paso Doble. These dances are choreographed with the dance judges in mind, striving to excel in performing all the essential characteristics of the Paso Doble dance.

In addition to being danced to modern pop songs, a significant amount of Paso Doble dances are still performed to the traditional music *Epaña Cañi*, a famous Spanish song written by Pascual Marquina Narro in 1921. This song continues to be popular today with Paso Doble dancers. It's often known as *the Paso Doble Song* and is commonly played in dance competitions because its significant breaks and musical structure lend well for specific and successful choreography.

Today the Paso Doble is considered a dance that teaches discipline as it gives dancing a strong structure and little artistic freedom.

Local Dancing Venues

The Ballroom Dance Academy of Saint Louis
The Mahler Ballroom, 4915 Washington Ave
Saint Louis, MO 63108314-367-1001
www.ballroomdancestl.org

Casa Loma Ballroom
3354 Iowa Ave. St. Louis, MO 63118
314-664-8000 / www.casalomaballroom.com

The Concord Farmers Club
10140 Concord School Road
Saint Louis, MO 63128
314-843-7760 / www.concordhall.net

Dance Pizazz Studio
124 Jungermann Rd, St Peters, MO 63376.
636-441-6854/dance-pizazz.com

Gold Streamers Dance Club
Kirkwood Community Center, 111 S. Geyer Rd.
314-487-9002

Just Dancing Studio
236 Old Meramec Station Rd
Manchester, MO 63021
636-227-7202 / www.just-dancing.com

Just Dancing West
4135 N. St. Peters Parkway, St. Peters MO 63304
636-922-0222/www.justdancingwest.com
Email: studio@justdancingwest.com

Majestic Dance Studio
10460 German Blvd, Frontenac, MO 63131
314-736-6414/majesticdancestudio.com

M.U.S.I.C. (Midwest United States Imperial Club)
Collinsville VFW Post 5691
1234 Vandalia Street Collinsville, IL 62234
618-463-2405 / www.musicswingdance.com

Soulingo - Mixfix and Body Talk
236 Old Meramec Station Rd, Manchester, MO
63021/www.soulingo.net

St. Louis Ballroom Dancers
Kirkwood Community Center, 111 S. Geyer Rd.
www.stlouisballroomdancers.com

St. Peters City Centre
1 St. Peters City Centre Blvd. 63376
636-477-6600/www.stpetersmo.net

Show Me Dance
2297 Rose Lane, Pacific, MO 63069
636-744-5363/www.showmedance.net

Stan Mayer & Linda Landwehr
Knights of Columbus 2199 Post Rd. Dardenne
Prairie, MO 63368
636-926-2680 / www.stardancer.net

Stardance, Inc.
Chesterfield Athletic Club/16625 Swingley
Ridge
Chesterfield, MO 63017
314.276.4453/www.gostardance.com

Swansea Moose Lodge
2435 N. Illinois St. Swansea, IL 62226
314-837-9147

U Can Dance Studio
3570 Adie Road St. Ann, MO 63074
314-209-9228 / www.ucandancestudio.com

Other Dance Related Information

The Dance Club
Couples only, dinner and dance to a live band.
Four events per year. Dress code: Tuxedos for men, formal wear for women.
For cost and other information call Jim Sheets at 314-367-2000.

St. Ann Ballroom Club
All Age groups welcome
Every second and third Monday, 7 - 9:30 p.m.
Ballroom dancing with a live band, St. Ann
Community Center. \$6.00, refreshments served
www.stannmo.org/314-427-8418/314-837-2756

Same-sex Ballroom/Latin Classes
Classes every Thursday. Beginner Class 7 p.m.
Intermediate Class 8 p.m. Check web site for
further
details. www.stlequalitydance.org

Dancing Around Town

Schedules change! Please double check the venue's web site or call. This schedule is what was available at press time for the newsletter.

Friday, July 21

St. Peter's City Center - Country Hoedown
Silverwings
\$7, 7 p.m. - 10 p.m.

Just Dancing West Social Dance Party
\$15, 8:30-10:30

Saturday, July 22

MixFix at Just Dancing
\$10, Lesson: 7, Dancing 8 - 11:30 p.m.

Sunday, July 23

M.U.S.I.C. (new location at Collinsville VFW)
\$9. Lesson: 5:30 p.m., Dance: 6:30 - 9:30 p.m.

Friday, July 28

Practice Dance at Just Dancing
\$6, 9 p.m. - 11 p.m., BYO snacks

Stan Meyer & Linda Landweir -Ballroom/Swing
\$8, Lesson at 7 p.m., Dance follows

CasaLoma Ballroom - TBD

Saturday, July 29

CasaLoma Ballroom - TBD

Friday, August 4

Just Dancing Studio Party
\$10, 9 p.m. - 11 p.m.

CasaLoma Ballroom - Miss Jubilee & the Humdingers
\$10, 8 p.m. - Midnight

Saturday, August 5

Gold Streamers Dance
\$8, 7:30 p.m. - 10:30 p.m.

CasaLoma Ballroom - Fabulous MoTown Revue
\$15, 8 p.m. - Midnight

Friday, August 11

Stan Meyer & Linda Landweir -Ballroom/Swing
\$8, Lesson at 7 p.m., Dance follows

CasaLoma Ballroom - TBD

Saturday, August 12

Ballroom Dance Academy at Mahler
\$12 per person, Lesson:8 Dancing: 8:30 - 10:30 p.m.

CasaLoma Ballroom - Rhythm Rockers
\$10, 8 p.m. - Midnight

Sunday, August 13

M.U.S.I.C. (new location at Collinsville VFW)
\$9. Lesson: 5:30 p.m., Dance: 6:30 - 9:30 p.m.

Friday, August 18

St. Peter's City Center - Beach Blast
D.D. Revival
\$7, 7 p.m. - 10 p.m.

CasaLoma Ballroom - Robbie & the Rockin' Fools
\$10, 8 p.m. - Midnight

Saturday, August 19

St. Louis Ballroom Dancers Monthly Dance
\$10 per person, 8 p.m. - 10:30 p.m.

Friday, August 25

Practice Dance at Just Dancing
\$6, 9 p.m. - 11 p.m. BYO Snacks

CasaLoma Ballroom - Sweetie & the Toothaches
\$10, 8 p.m. - Midnight

Stan Meyer & Linda Landweir -Ballroom/Swing
\$8, Lesson at 7 p.m., Dance follows

Saturday, August 26

MixFix at Just Dancing
\$10, Lesson: 7, Dancing 8 - 11:30 p.m.

Majestic Dance Studio - Salsa Date Night
\$40 per couple, 7:30 - 9 p.m.
Pre-registration required

CasaLoma Ballroom - TBD

Sunday, August 27

M.U.S.I.C. (new location at Collinsville VFW)
\$9. Lesson: 5:30 p.m., Dance: 6:30 - 9:30 p.m.

Friday, September 1

Just Dancing Studio Party
\$10, 9 p.m. - 11 p.m.

CasaLoma Ballroom - Closed for Labor Day

Saturday, September 2

CasaLoma Ballroom - Closed for Labor Day

Friday, September 8

Stan Meyer & Linda Landweir -Ballroom/Swing
\$8, Lesson at 7 p.m., Dance follows

Saturday, September 9

Gold Streamers Dance
\$8, 7:30 p.m. - 10:30 p.m.

Bodytalk at Just Dancing (West Coast Swing)
\$7 for dance, \$3 for lesson
7:15 lesson, 8:00 dance

Sunday, September 10

M.U.S.I.C. (new location at Collinsville VFW)
\$9. Lesson: 5:30 p.m., Dance: 6:30 - 9:30 p.m.

Friday, September 15

Ballroom Dance Academy at Mahler
\$12 per person, Lesson:8 Dancing: 8:30 - 10:30 p.m.

Saturday, September 16

CasaLoma Ballroom - TBD

Friday, September 22

Stan Meyer & Linda Landweir -Ballroom/Swing
\$8, Lesson at 7 p.m., Dance follows

CasaLoma Ballroom - TBD

Saturday, September 23

St. Louis Ballroom Dancers Monthly Dance
\$10 per person, 8 p.m. - 10:30 p.m.

Sunday, September 24

M.U.S.I.C. (new location at Collinsville VFW)
\$9. Lesson: 5:30 p.m., Dance: 6:30 - 9:30 p.m.

Friday, September 29

Practice Dance at Just Dancing
\$6, 9 p.m. - 11 p.m. BYO Snacks

Saturday, September 30

Friday, October 6

Just Dancing Studio Party
\$10, 9 p.m. - 11 p.m.